# **Supporting our Armed Forces community**

# As a Veteran Aware Hospice we are committed to supporting our local Veteran & Armed Forces community.

Who are members of the Armed Forces community?

- Regular Personnel individuals currently serving as members of the Armed Forces.
- Reservists Volunteer Reservist and Regular Reservist.
- Veterans those who have served for at least one day in HM Armed Forces, whether as a Regular or as a Reservist.
- Families of Regular, Reservists and Veterans the immediate family. This is defined as spouses, civil partners and the children for whom they are responsible. This can be extended, as appropriate, to parents, unmarried partners, and other family members.
- Bereaved the immediate family of Service Personnel and Veterans who have died, whether or not that death has any connection with Service.

# Click the links below to visit sources of support and advice.

# **NHS Commissioned Services**

## **Op Courage**

Op COURAGE is an NHS mental health specialist service designed to help serving personnel due to leave the military, reservists, veterans and their families.

Mental health support for veterans, service leavers and reservists - NHS (www.nhs.uk)

# **Op Fortitude**

Veterans who are homeless or at risk of homelessness and the organisations working with them are encouraged to contact the Op FORTITUDE hotline on 0800 952 0774 or through a secure web portal.

www.riverside.org.uk/care-and-support/veterans/.

# **Op Restore**

Find healthcare and welfare support dedicated to veterans, service leavers, non-mobilised reservists, and their families and carers. All veterans, service leavers, non-mobilised reservists and their family members and carers can access a range of specialist healthcare and support created to provide treatment and care for many different problems.

Veterans, service leavers, and non-mobilised reservists - NHS (www.nhs.uk)

#### **Op Nova**

Op NOVA, delivered by the Forces Employment Charity and commissioned by NHS England, provides support for veterans who are in contact with the justice system, enabling them to access the services they need.

**Op NOVA | Forces Employment Charity** 

#### **Op Community**

Op Community is a telephone line for the armed forces community (including veterans, reservists, serving personnel, families and the wider armed forces community) to offer support and guidance around navigating NHS services and advice regarding other services that can support with issues.

Op Community information pages

#### **VCSE / Third Sector**

#### **Veterans Cancer Support**

At Veterans Cancer Support, we provide unique support to former and serving military personnel and their families who have been impacted by cancer. Cancer does not discriminate—it affects individuals from all walks of life, irrespective of age, gender, or background.

We recognise that the battle against cancer extends beyond the physical realm, encompassing emotional, financial, and psychological challenges for both patients and their loved ones.

With your help, we can bring hope, comfort, and vital support to those in need. Join us in our mission to honour the selfless dedication of our military personnel who have sacrificed their time to protect our nation and ensure the safety of us all.

https://veteranscancersupport.net/about/

#### Veterans' Gateway – information and support for veterans and their families

Veteran specific resources across all welfare categories. These include housing, finances, mental wellbeing, employment, family and communities, physical health and living independently.

Advice and support for veterans & ex-forces | Veterans' Gateway (veteransgateway.org.uk)

#### **Defence Medical Welfare Services**

- Defence Medical Welfare Services
- Have better experiences of healthcare and recover from illness quicker
- Feel less stressed and anxious
- Access financial support to reduce the stress of money
- Feel less lonely and more connected to their communities
- · Enjoy positive relationships with families and friends
- Find and stay in safe housing
- Overcome alcohol and drug misuse
- Access treatment for mental health illnesses such as PTSD
- Stop thoughts of taking their own life
- Find meaningful employment or volunteering after service

DMWS - Make a referral

## **Royal British Legion**

The Legion is here to help members of the Royal Navy, British Army, Royal Air Force, veterans and their families.

# **Royal British Legion | Armed Forces Charity**

SSAFA the Armed Forces Charity

SSAFA can help provide practical, financial and emotional support for service personnel, veterans and their families.

Get help | SSAFA

#### Samaritans Veterans

Samaritans Veterans is a free app that can provide you with emotional support after your career in the Armed Forces.

Samaritans Veterans app | How we can help | Samaritans

#### BLESMA

Blesma, The Limbless Veterans, is dedicated to assisting serving and ex-Service men and women who have suffered life-changing limb loss or the use of a limb, an eye or loss of sight in the honourable service of our country.

https://blesma.org/how-we-help/

# Local Authority

#### **Calderdale Council**

Calderdale Council is committed to supporting our Armed Forces personnel and their families.

Andrew Pitts, Head of Neighbourhoods Email: <u>andrew.pitts@calderdale.gov.uk</u> Telephone: 01422 392600

https://new.calderdale.gov.uk/communities/armed-forces